# Reformed Theological Seminary/Jackson

# 01ST5355 Systematic Theology Foundations Syllabus (MAC) 3.0 Credit Hours

Dr. Ligon Duncan

Fall 2021 Monday, 8:00-11:00 AM in MAC building, Classroom SC1

# **Course Description**

From the RTS catalog: "This course is designed for counseling students. It will provide a basic introduction to Christian doctrine." We will expound and apply Christian truth with a view both to your personal faith and practice, as well as your professional practice. In introducing Christian doctrine, you will gain familiarity with and competence in thinking theologically and practically about the rule of faith and rule of love. We will survey the doctrines of **Scripture** (inspiration, inerrancy, authority, sufficiency, clarity, necessity, canon); **theology proper** (God, Trinity, creation, providence); **anthropology** (man, Fall, sin); **Christology** (the person and work of Christ); **soteriology** (salvation, the application of redemption); **ecclesiology** (church, means of grace); and **eschatology** (last things), following the outline of the *Westminster Confession of Faith*, and *Catechisms*. All along we will remember the crucial nexus between faith and life, doctrine and practice, and thus endeavor to stress the importance of these doctrines for Christian thought, life, ministry, and in particular, professional counseling.

#### **Required Materials:**

- \*The Holy Bible The ESV or NASB recommended. The ESV Study Bible (Crossway) comes with an impressive array of features (and free access to numerous online resources).
- \*The Westminster Confession of Faith (WCF), and Larger (LC) and Shorter Catechisms (SC) (Banner of Truth, 2018). The Confession should be brought to class with your Bible every day. There are other good editions too. The PCA and OPC editions are also available online for free, but you should have a print copy to read, mark, underline, highlight and reference.
- \*Ligon Duncan, Westminster Confession Study Guide, 2020. [This document will be available in Canvas]
- \*Supplemental Readings Other readings will be assigned and provided over the course of the semester.

#### Suggested Preparatory and/or Supplementary Study Resources

These books are NOT required reading (!), but they will help you theologically before, during and after the course and would be good companions and resources for the rest of your life and service. I'm recommending them to you, especially if the field of systematic theology is relatively new to you.

- \*Louis Berkhof, Summary of Christian Doctrine (Banner of Truth, 1960). This abridgement of Louis Berkhof's much larger Systematic Theology is a great overview of the subject and will match up well with our class lectures.
- \*Charles Octavius Boothe, *Plain Theology for Plain People* (Lexham, 2017). Born a slave, Boothe became an influential African American Baptist minister, establishing and pastoring the First Colored Baptist Church in Meridian, MS and the Dexter Avenue Baptist Church in Montgomery, AL (where MLK would later pastor).
- \*Sinclair Ferguson, *The Christian Life: A Doctrinal Introduction* (Banner of Truth, 2013). Sinclair is an old friend, and one of RTS's most renowned professors. He is a very good writer and one of the best theologians alive. Especially on the doctrine of sanctification (e.g., *The Whole Christ*, Crossway; *Devoted to God*, Banner of Truth; *Devoted to God's Church*, Banner of Truth), you want to read everything he has written.
- \*Bruce Milne, *Know the Truth: A Handbook of Christian Belief*, 3<sup>rd</sup> edition (IVP Academic, 2012). Bruce Milne is a longtime Baptist pastor in Vancouver, Canada. This is a good, clear, solid, basic introduction to theology.
- \*Donald Macleod, A Faith to Live By: Understanding Christian Doctrine (Christian Focus, 2010). Macleod is a master of making difficult things seem simple, without compromising their profundity. I studied under Macleod at Edinburgh. He is a world class theologian with a pastor's heart and a journalist's pen.
- \*J.I. Packer, Concise Theology: A Guide to Historic Christian Beliefs (Zondervan, 1994). This will introduce to many of the technical terms and basic content of systematic theology. It will be a helpful reference to you.
- \*J.I. Packer, *Knowing God* (IVP, 1973). This book will help you appreciate the application of good doctrine in Christian life and experience. See also the study outline provided for the book at LigonDuncan.com
- \*Chad Van Dixhoorn, Confessing Our Faith: A Reader's Guide to the Westminster Confession of Faith (Banner of Truth, 2014). Chad is arguably the world's leading expert in the Westminster Assembly (he did groundbreaking work on it in his now published Cambridge PhD thesis. This is the best modern commentary.

#### **Other Recommended Advanced Materials:**

\*Herman Bavinck, *Our Reasonable Faith* (Eerdmans, 1956). Also available reprinted as *The Wonderful Works of God* (Westminster Seminary Press, 2020). We are living in the age of new and heightened interest in and appreciation for Bavinck (1854-1921), but his *Reformed Dogmatics* is 4 Volumes, 3024 pages, 756,000+ words, and would take you north of 50 hours to read. This work is an abridgement (see, I'm looking out for you).

\*Louis Berkhof, Systematic Theology New, Combined Edition (Eerdmans, 1996). Still the standard for orthodox, 20<sup>th</sup> century American Reformed theology. Berkhof distills Bavinck for you. It's still a sizable volume, but worth it as a lifelong reference work.

\*Eric Johnson, *God and Soul Care: The Therapeutic Resources of the Christian Faith* (IVP Academic, 2017). Dr. Fesko had you get this for ST535 Theological Foundations for Counseling last year. It may prove helpful in the application of this course.

## **Course Objectives**

My prime aim is to move you to know and love God more and better, by your getting to know what he says about himself and his will in his Word, the Scriptures. I want to motivate you to want to glorify God with your lips and lives, because you have come to a deeper understanding of his truth. I also want help you to think soundly about how your Christian faith, and the truth of the Bible, informs your vocation and practice. To this end, I hope to assist you in gaining a competent basic grasp of the content and issues involved the various areas of theology that we cover, and a facility to communicate and apply them with some fluency.

This is a course in systematic theology—concerned with the answer to a series of interrelated questions: What does the entire Bible teach on a specific issue? How have theologians and churches of the past and present formulated this issue? How do I apply this truth in the present in my life and to my practice? Systematic Theology is inherently practical. William Perkins once famously said: "Theology is the science of living blessedly forever" (*The Golden Chaine* (1590), 1). If that is this case, and it is (!), then good theology ought to have a lot to say to you about what it means to live blessedly, and how to help others do so too.

By the end of this course students will:

- 1. Understand the basic shape and content of Christian doctrine.
- 2. Understand the biblical sources of basic Christian doctrine.
- 3. Gain competence in engaging primary and secondary theological sources.
- 4. Be able to relate Christian faith to life and practice, especially the practice of counseling.
- 5. Be more competent in thinking through and applying the therapeutic implications of Reformed doctrine.

#### **Theological Standpoint**

The course will be taught from the standpoint of a personal and ecclesial commitment to the *Westminster Confession of Faith*. In particular, it reflects the theology of the Reformed tradition as expounded by its best representatives from the sixteenth to the twenty-first centuries. We will engage in our theological work, seeking to submit all our thinking to Scripture, but greatly indebted to (for instance) the Church Fathers, Calvin, Protestant Orthodoxy, the Scottish Divines, and the Princetonians, and in conversation with the best and most important of the whole Christian tradition. Students who do not come from this theological tradition, or who disagree with it, need to know that their professor will love and respect them anyway! He wants to serve them well by clearly, kindly and warmly articulating systematics from the standpoint of classical, confessional, Reformed theology. It is his opinion that evangelicals of all stripes are well served by familiarity with the Reformed theology—which is Protestantism's preeminent intellectual theological tradition. We all come from some theological perspective, and that is best admitted out loud and put on the table for all to see.

## **Teaching/Class Methodology**

Lectures will cover all the major topics, but I want us to be as <u>interactive as possible</u> in the classroom. Your ability to be comfortable answering theological questions and articulating theological truth is a major objective of the course, hence class discussion is very important.

#### **Course Assignments**

**Reading** (20% of course grade): Reading must be completed before the class in which it is to be discussed; students must be prepared to discuss the assigned readings for the day thoughtfully and graciously in class. See the class schedule for due dates and the participation rubric for further explanation of this assignment. Note: Students will also be assessed weekly via Canvas on their assigned readings.

Class Participation (20%): Attend and actively participate in lectures & class discussions. Here's the grading rubric:

A (100)	B (89)	C (79)	D (69)	F (59 – 0)
Provided many	Participated in	Listened mainly;	Seemed bored with	Failed to attend
good ideas for	discussions; shared	occasionally asked	discussions; rarely	class—missed
Class	questions and	a question or	spoke up, and	more than three
consideration;	comments. Was	offered a	questions or	lecture periods
inspired others;	respectful of	comment. Was	comments were off	total.
Clearly	others.	respectful of	topic. Was	
communicated		others.	disrespectful of	
desires, ideas,			others. Or,	
questions, and			dominated class	
comments. Was			time by not	
respectful of			permitting others	
others.			to ask their	
			questions.	

**Class Study and Application Guide** (20% of course grade): *Help Improve the Syllabus Study Notes*, you will work with Dr. Duncan to add the best possible commentary and resources, and especially **application**, to ten pages of the Study Notes. This would include new references (bibliography) to helpful related works on Christian counseling, and specific implications and applications of the subject matter to the counseling vocation and practice. Any example will be provided and discussed in class on the first day.

**Final Oral Exam** (40% of course grade). Students will schedule a half-hour time slot with the professor, and answer questions that cover the range of topics surveyed in the course. Some of the questions will stress your knowledge of the course content, while other questions will assess your ability to apply the content.

# **Course Outline and Assigned Reading**

The student should read the indicated portions of the *Westminster Confession of Faith* and *Catechisms*, and the Study Notes that Dr. Duncan has attached to the syllabus, prior to the time Dr. Duncan expounds those portions in class. The class will meet from 8:00–11:00 a.m. CT. The class schedule is as follows.

# Monday, August 23 – Class #1 (Theology)

Class Hour 1 Introduction, Getting to know you

Class Hour 2 Religion, Theology,

Class Hour 3 Why it matters

#### Monday, August 30 – Class #2 (Scripture and God)

Class Hour 4 WCF Chapter 1 Scripture

Class Hour 5 WCF Chapter 1 Scripture

Class Hour 6 WCF Chapter 2 God and the Trinity

Read: WCF 1, SC 1-3, LC 1-5, and the related Study Guide Material for WCF 1

#### Monday, September 13 – Class #3 (God, Creation and Providence)

Class Hour 7 WCF Chapter 2 God and the Trinity

Class Hour 8 WCF Chapters 3 & 5 God's Eternal Decree and Providence

Class Hour 9 WCF Chapter 4 Creation

Read: WCF 2-5, SC 4-11, LC 6-19, and the related Study Guide Material for WCF 2-5

#### Monday, September 20 – Class #4 (Man, Fall, Sin, Free Will, God's Covenant)

Class Hour 10 WCF Chapter 6 Fall and Sin

Class Hour 11 WCF Chapter 9 Free Will

Class Hour 12 WCF Chapter 7 God's Covenant

Read: WCF 6-7&9, SC 10-20 & 82-84, LC 20-35 & 149-152, and the related Study Guide Material for WCF 6-7&9

#### Monday, September 27 – Class #5 (Christ, Union with Christ, Effectual Calling, Regeneration)

Class Hour 13 WCF Chapter 8 Christ the Mediator

Class Hour 14 WCF Chapter 8 Christ the Mediator

Class Hour 15 WCF Chapter 10 Effectual Calling

Read: WCF 8&10, SC 21-31, LC 36-60 & 66-69, and the related Study Guide Material for WCF 8&10

#### Monday, October 11 – Class #6 (Justification, Adoption, Sanctification)

Class Hour 16 WCF Chapter 11 Justification

Class Hour 17 WCF Chapter 12 Adoption

Class Hour 18 WCF Chapter 13 Sanctification

Read: WCF 11-13, SC 32-36, LC 70-75 & 77-81, and the related Study Guide Material for WCF 11-13

#### Monday, October 18 – Class #7 (Sanctification, Faith, Repentance)

Class Hour 19 WCF Chapter 13 Sanctification

Class Hour 20 WCF Chapter 14 Faith

Class Hour 21 WCF Chapter 15 Repentance

Read: WCF 13-15, SC 35, 85-87, LC 72-73, 75-81 & 153 and the related Study Guide Material for WCF 13-15

#### Monday, October 25 – Class #8 (Good Works, Perseverance, Assurance, Law, Liberty)

Class Hour 22 WCF Chapters 16-18 Good Works, Perseverance and Assurance

Class Hour 23 WCF Chapter 19 Law

Class Hour 24 WCF Chapter 20 Christian Liberty

Read: WCF 16-20, SC 36, 39-83 & 88-90, LC 91-160 and the related Study Guide Material for WCF 16-20

#### Monday, November 1 – Class #9 (Worship, Sabbath, Vows, Civil Government)

Class Hour 25 WCF Chapter 21 Public Worship and the Christian Sabbath

Class Hour 26 WCF Chapter 22 Oaths and Vows Class Hour 27 WCF Chapter 23 Civil Government

Read: WCF 21-23, and the related Study Guide Material for WCF 21-23

## Monday, November 8 – Class #10 (Marriage, Divorce, The Church)

Class Hour 28 WCF Chapter 24 Marriage and Divorce
Class Hour 29 WCF Chapter 24 Marriage and Divorce

Class Hour 30 WCF Chapter 25 The Church

Read: WCF 24-25, LC 62-65 and the related Study Guide Material for WCF 24-25

#### Monday, November 15 – Class #11 (Communion of the Saints, Sacraments, Baptism)

Class Hour 31 WCF Chapter 26 Communion of the Saints

Class Hour 32 WCF Chapter 27 Sacraments
Class Hour 33 WCF Chapter 28 Baptism

Read: WCF 26-28, SC 91-95, LC 161-167 and the related Study Guide Material for WCF 26-28

#### Monday, November 22 – Class #12 (Baptism, Lord's Supper)

Class Hour 34 WCF Chapter 29 Lord's Supper Class Hour 35 WCF Chapter 30 Church Discipline Class Hour 36 WCF Chapter 31 Church Government

Read: WCF 29-31, SC 96-97, LC 168-175 and the related Study Guide Material for WCF 29-31

#### Monday, November 29 – Class #13 (Last Things, Conclusion)

Class Hour 37 WCF Chapter 32 Last Things (1) Class Hour 38 WCF Chapters 33 Last Things (2)

Class Hour 39 Conclusion and Assessment

Read: WCF 32-32; SC 37-38; LC 84-96 and the related Study Guide Material for WCF 32-33

#### **Contact Information**

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Assisting me to facilitate this course will be my TA, Tony Doggett (email: tdoggett@rts.edu).

All assignments must be submitted via Canvas in pdf format. Tony is available to answer questions for you about logistical matters related to the course.

#### **Policies and Important Information**

All written work must conform to American Psychological Association (APA) style, if applicable. If a student does not have a copy of the APA manual, one should be purchased, or accessed via the RTS Library, or students may use one of the many APA style websites available online (e.g. https://owl.english.purdue.edu/owl/resource/560/01/). Assessment will include how well students represent their thoughts on paper, craftsmanship in writing, and organization of all written work.

**Disability Accommodation Policy.** If you require a special adaptation or accommodation to participate fully in this course, please contact the instructor as soon as possible to discuss your request. You must provide a letter from the Dean of Students that verifies your disabled status. Last minute special requests will be subject to the same late assignment policy as other students.

Access to Research Database. RTS provides MAC students with access to the Ebscohost Psychology & Behavioral Science Collection of full text journal articles. You can access this collection from computers in the library, or from your home computer by following the link below and logging in with a username and password to be provided in class. <a href="http://search.ebscohost.com/">http://search.ebscohost.com/</a>

**Late work.** All assignments are due as scheduled regardless of attendance, unless prior arrangements are made with the instructor. Assignments turned in late will be deducted 1/3 letter grade for each late day.

**Anonymity.** All written assignments and exams should be identified by the last six digits of your Self-Service id number and NOT by your name. Anonymity permits more objectivity in grading.

Return of work. All work returned to students will be available in the MAC Office. Any work not collected by the first full week of the next semester or term will be shredded.

#### **Grading Scale** (per the RTS catalog):

A (97-100)	B- (86-87)	D+ (75-77)
A- (94-96)	C+ (83-85)	D (72-74)
B+ (91-93)	C (80-82)	D- (70-71)
B (88-90)	C- (78-79)	F (Below 70)

**Attendance Policy.** Regular attendance is expected and required. Excessive absences (more than 3 class meetings) will result in the loss of points equal to one letter grade per absence. If serious illness or an emergency prevents a student from attending any class, please notify the instructor before the class begins. It is the responsibility of the student to obtain any materials handed out or presented during the missed class from a classmate.

Class Participation. Students are expected to participate in all components of the class. Each student is expected to read all of the assigned materials in advance for each class. Contributions should reflect knowledge of the reading assignments.

#### Computer Policy (Modified from Dr. Alan Jacobs of Baylor University)

Computers, tablets, and smart-phones are not allowed to be used during class (unless special accommodation is sought and granted). Notes taken by hand are almost always more useful than typed notes, because more thoughtful selectivity goes into them; plus there are multiple cognitive benefits to writing by hand. And people who use laptops in class see their grades decline—and even contribute to lowering the grades of other people. Computers must be used, of course, for the online requirements of the class (submission of assignments, quizzes, etc).

Course Objectives Related to MAC\* Student Learning Outcomes

Course: ST5355 Systematic Theology Foundations \* Professor: Ligon Duncan \* Campus: Jackson \* Date: Fall 2021

M	AC* Student Learning Outcomes	Rubric	Mini-Justification
In order to measure the success of the MAC curriculum, RTS has defined the following as the intended outcomes of the student learning process. Each course contributes to these overall outcomes. This rubric shows the contribution of this course to the MAC outcomes.		Strong Moderate Minimal None	
Professional Counseling Orientation & Ethical Practice	Understands and applies the basic knowledge needed to be an effective counselor including: the history and philosophy of counseling, ethical standards of practice, personal career development, advocacy for clients, consultation & collaboration, and a Reformed, biblical and theological framework for counseling.	Moderate:	This course equips students with the theological framework necessary to function effectively as Christian counselors trained in the Reformed tradition.
Social & Cultural Diversity	Understands and demonstrates how living in a cultural/global society affects clients who are seeking counseling and clinical mental health services, as well as the effects of sin such as racism, discrimination, sexism, and oppression on one's own life and career and those of the client.	Moderate:	The doctrine of sin is a major topic in this course. Our discussion in this course will focus on equipping Christian counselors to think biblically about sin—especially its universality (in counselor and client) and various effects (individually and corporately)—and its implications for the practice of counseling.
Human Growth & Development	Understands and applies knowledge of various theories of individual and family development, and factors affecting human development.	Minimal	
Career Development	Understands and applies theories and models of career development, counseling, and decision making.	Minimal	
Counseling & Helping Relationships	Understands and applies theories and models of counseling, strategies for understanding and practicing consultation, and developing relevant counseling treatment and intervention plans.	Minimal	
Group Counseling & Group Work	Understands and applies theories and models of group counseling and group work, dynamics of the group process and development, and therapeutic factors that contribute to group effectiveness.	Minimal	
Assessment & Testing	Understands and applies clinical knowledge effectively, including various models and approaches to clinical evaluation and their appropriate uses.	Minimal	
Research & Program Evaluation	Demonstrates the ability to critically evaluate research through a biblical worldview and integrate it into counseling practice. Understands the process of program evaluation and its integration into the practice of counseling and clinical mental health counseling.	Significant:	This course equips students with the theological framework on which a Reformed biblical worldview rests, devoting significant attention throughout to the proper use of various kinds of sources under the Reformed category of common grace.
Clinical Mental Health Counseling	Demonstrates the knowledge and skills necessary to address a wide variety of circumstances within the context of clinical mental health counseling.	Minimal	
Integration (Biblical/Theolo gical)	Knowledge of and integration of Reformed, biblical and theological concepts with counseling practices.	Significant:	This course equips students with the basic biblical and theological concepts students need to practice an integrated and distinctly Christian counseling ministry.
Sanctification	Demonstrates a love for the triune God.	Significant:	This course is taught from the perspective that theology, as a knowledge of God, must be approached as a spiritual devotion of love to God, and strives to stir the students to love God through a knowledge of God and his world.